

## QUICK BITES

# Hot days call for cool treats

## STAFF REPORT

The dog days of summer are upon us, so we're looking for plenty of ways to cool down. One of the best ways? Cool treats.

Cold treats typically make us think of ice cream, but the North Shore offers us so much more than just a scoop of vanilla. We have frozen yogurt, gelato, banana splits and more.

So when you're looking for your next hot afternoon treat, try out some of the more unique options around the North Shore that we've found. Here at 22nd Century Media, we've found more than enough treats to keep your sweet tooth satisfied and cool throughout the summer. From frozen yogurt to gelato, to banana splits and more, 22nd Century Media and our participating North Shore businesses have you covered.

## Black raspberry sorbet — Homer's Restaurant & Ice Cream, Wilmette

When you think of Homer's Restaurant, the 70-year-old establishment's award-winning, homemade ice cream quickly comes to mind.

The long flavor list and high-quality ingredients continue to keep customers coming back for more, but there's another frozen treat hiding on Homer's menu.

If you're looking for something light, yet flavor-filled, to cool you off during these hot summer months, look no further than Homer's sorbet. Their 100 percent fat-free, dairy-free and natural sorbet is made with pure fruit purees and offers a delicious health-con-



**A black raspberry sorbet (\$3.47 single scoop) at Homer's Ice Cream offers the perfect dairy substitute and summertime treat.** JENI SIEGEL/22ND CENTURY MEDIA

scious dessert option.

"A lot of people don't like dairy or can't eat it, so the sorbet is a nice substitute for ice cream," said Nick Poulos, the general manager and third generation owner of the Wilmette restaurant. "It definitely has grown in popularity over the last 10 years."

Those who can't consume dairy won't be missing out on a thing with a scoop of Homer's black raspberry sorbet. The sorbet is packed with real black raspberries, giving it a gleaming deep purple hue and tangy flavor. While some creamy ice creams can be heavy and overly-filling, this sorbet leaves behind a refreshingly fruity taste with no added guilt, as all of the health benefits from fresh fruit are retained in Homer's sorbets.

This satisfying treat can be enjoyed any time of the day. Use it to cure an after dinner sweet tooth or to provide some midday relief from the afternoon sun.

Whether you opt for it in

a cup or a cone, any of the 11 flavors of this crisp ice cream alternative are sure to please.

Homer's Ice Cream is located at 1237 Green Bay Road, Wilmette. For more information, call (847) 251-0477 or visit [www.homersicecream.com](http://www.homersicecream.com).

Story by Jeni Siegel/22nd Century Media

## Hot fallen chocolate soufflé and butterscotch gelato — Restaurant Michael, Winnetka

Often times the best things in life don't just happen by chance, but on accident.

For 24 years, chef Michael Lachowicz has concocted a first accidental, but special, hot fallen chocolate soufflé and butterscotch gelato, a dessert craved by many of his customers.

Lachowicz has prepared the dish in four restaurants, dating back to 1992, when the mistake cake made its debut. It has been a staple of Restaurant Michael's menu ever since it opened in 2005.

The lack of flour makes the dessert gluten-free, a hot commodity for those with a sweet tooth that cannot consume gluten.

After a nice conversation with Lachowicz about what I was getting myself into, I gave the hot fallen chocolate soufflé and butterscotch gelato a try. The soufflé impressed me very much. My first bite in to the top of the dessert made me envision myself sleeping on a chocolate pillow — it was very soft.

But, the treat gets better as you dive into a micro-

volcano of melted chocolate. It tasted like a rich, melted brownie. The gelato nicely melted on top of the souffle as I continued into it. Needless to say, I would happily go back on a hot day for this dessert.

Story by Jack Vita, Editorial Intern

## Cookies 'n' cream frozen yogurt — Suzy's Swirl, Lake Bluff

"Unlimited" is the first word that comes to mind when Suzy's Swirl manager Caitlyn Keefe is asked how many toppings the Lake Bluff frozen yogurt shop offers.

When you walk into the

store at 703 W. Rockland Road, you can see why. Between the row of large plastic containers filled with different kinds of cereal and sprinkles, and the dozens of fruit, chocolate and gummies on display, anything one could possibly want to eat with their frozen treat is served.

And even more.

"We have at least 30 [toppings] in the back not offered out here that we can bring out when customers ask," Keefe said.

Suzy's Swirl is open 11 a.m.-10 p.m. every day. For more information, call (224) 544-5189.

Story by Nicki Koetting, Contributing Editor



WHERE YOU WANT TO BE SEEN THIS WEEKEND

## WILMETTE

### The Rock House

(1150 Central Ave. (847) 256-7625)

■ 10 p.m. Saturday, July 2: Sedgewick

■ 8:30 p.m. Saturday, July 2: 1st Saturday Jazz w/Brooke Reams

### The Bottle Shop

(1148 Central Ave. (847) 256-7777)

■ 4-5:30 p.m. Saturday: Wine tastings, \$10 reimbursed purchase

To place event in The Scene, email [chris@GlenviewLantern.com](mailto:chris@GlenviewLantern.com)

You will meet these people under difficult situations...  
But that is when they will do their best for you.



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